

Haunted Day and Night

Book Club Discussion Questions

By Carrie Clock

These questions are designed for readers of the first novel in the Anastasia Day Ghost Mystery Series. They focus on the characters, historical setting, relationships, faith, and larger themes without revealing major plot developments or the ending.

1. Characters and Relationships

1. How would you describe Anastasia (Ana) Day at the beginning of the novel? What qualities make her relatable, admirable, or frustrating?
2. What does Ana's decision to purchase and restore an old Victorian home reveal about her personality and priorities?
3. How do Ana's relationships influence the way she views herself and the choices she makes?
4. What are some signs that a relationship may be unhealthy, even when affection and charm are present?
5. How does Ana's confidence change as she faces new challenges? Can you relate to her struggles with self-doubt?

2. History, Women, and Society

6. How does the historic home function as more than just a setting for the story?
7. What can researching the lives of people from the past teach us about the society they lived in?
8. How have expectations for women regarding marriage, careers, independence, and family changed over time? In what ways have they stayed the same?
9. Why do you think the author includes historical details and references to women's rights? How do these elements deepen the story?
10. If the walls of an old house could talk, what kinds of stories do you think they would tell about the people who lived there?

3. Faith, Spirituality, and the Unexplained

11. How does the novel encourage readers to think about what happens after death?
12. The characters have different perspectives on the afterlife and spirituality. How does hearing differing viewpoints affect the way we examine our own beliefs?
13. Do you think people need to experience something unusual or unexplained before questioning what they believe? Why or why not?
14. How can a person remain open-minded about the unknown while still asking questions and seeking evidence?

4. Personal Growth and Resilience

15. What does Ana learn about independence through homeownership and the process of restoring her house?

16. Why can setting boundaries be difficult, particularly in romantic relationships? What might make it easier?
17. How do fear, loneliness, and the desire for companionship influence people's decisions?
18. What does the novel suggest about finding your voice and learning to trust your own judgment?

5. Mystery, Setting, and Storytelling

19. How does the author use the atmosphere of the Victorian home to create suspense?
20. Which details in the setting were most vivid to you, and how did they affect your reading experience?
21. How does combining paranormal mystery with historical research and contemporary relationship issues affect the story?
22. Did you find yourself trying to explain the unusual events rationally, or were you willing to consider supernatural possibilities? What influenced your interpretation?

6. The Title and the Bigger Picture

23. What does the title *Haunted Day and Night* suggest to you beyond its connection to the paranormal?
24. What do you think the novel says about the ways the past can influence the present?
25. Which theme resonated with you most: independence, women's rights, relationships, history, faith, or the unexplained? Why?
26. Did the novel challenge an assumption or make you reconsider a belief or life experience?
27. What would you most like to discuss with the author about the inspiration behind this story?

A Final Question for the Group

If you could give Ana one piece of advice at the beginning of the novel, what would it be—and would you give her the same advice at the end?

Reader Note: The novel explores paranormal experiences, relationship difficulties, women's roles in society, and questions of faith and the afterlife. Some of these themes may invite personal or sensitive discussion.